

Cynefin: Introducing the Environmental Physiotherapy Network (EPN)

Represented by Leanne Wiles

EPN Education lead

Physiotherapist, Senior Lecturer at University of Lincoln

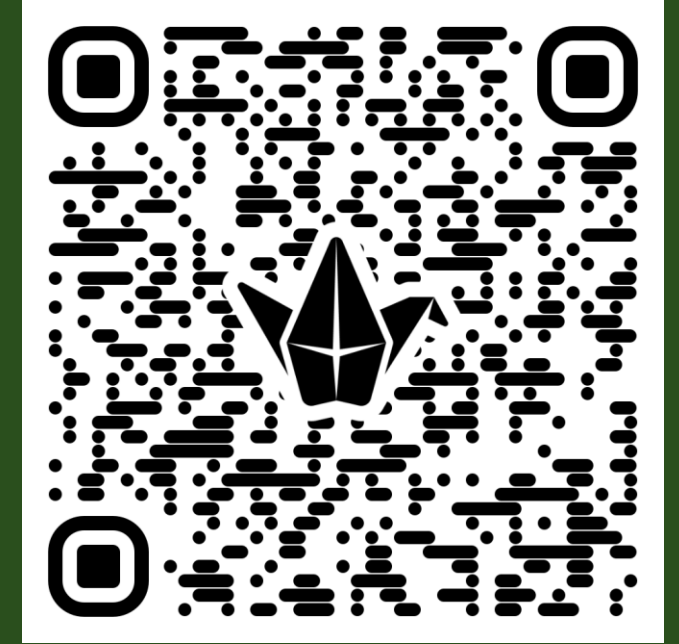
Climate Ambassador



Ed Hawkins, Uni of Reading



Padlet



What comes to mind when you think of the environment
and musculoskeletal practice?

Space where practice occurs **AI infrastructure costs** Government needs to change policy

Air quality **Travel to apts** Travel Effect on abilities Overly printing!
Waste in clinics

Data storage Gym **Equipment energy costs** Green spaces ability to get outdoors and exercise
Travel to appointments NHS cubicles Open spaces

Interconnected
- no distinction
between nature
and
culture/society

Airborne
diseases,
water quality,
food sources

AI causing pollution too

Teaching
how to get
fish is
better than
giving fish

Sound, smell

Water usage

Consumables
Keeping area cool for rehab
Reducing waste - paper, electricity
More environmentally friendly consumables

Unsafe working environments

Impacting clinical
outcomes

Trees and lack of

Space

Poorly adaptable buildings
Buildings not fit for purposes of delivering healthcare
No fans due to infection control regulations
Ventilation issues

AI use of energy

Safety

Energy

Sustainability

The benefits of outdoor spaces on everything

Safe working temperatures

Travel

Supply Chain

Little access to appropriate consultation rooms

Water usage- hand washing

Outdoors

Musculoskeletal Practice at a crossroads through an environmental lens...



Respond

Adapting to what's
already here



Reframe

Expanding clinical
reasoning



Lead

Shaping physio's
response

Reframe: When the environment entered the clinic...



It's now in our standards...

"understand...environmental factors [as] wider determinants of health"
HCPC Standards of Proficiency, 15.2 (2023)

How the programme develops graduates to understand their role as healthcare practitioners - ...environmental agenda... etc. CSP Education and Training Framework, Programme Philosophy and Context 1.4a (2025)

"...sustainable physiotherapy practice and consideration of the environment" CSP Education and Training Framework, Graduate Attribute A14 (2025)

"...environmentally considerate and sustainable recommendations to improve the quality of service" CSP Education and Training Framework, Research Attribute R17 (2025)

Why physios, why now?

What leading looks like

In the clinic...

In the team...

In the profession...

In policy...

What is one small change you could make in your practice to bring in environmental thinking?

Cynefin



Who we are

How it formed?

7-year history

Physiotherapy Declares 2021

CSP climate crisis declaration 2022

CSP corporate strategy 2023-2027



Open to all CSP members, including students and associates

What We Do

Learn from each other

Provide a safe space to share ideas, learn from one another, and explore how our profession can help address the climate and ecological crises through sustainable practice while also addressing health inequalities. Whether you're just starting out or already leading change, your voice matters here.

Influence

Together, we can be a strong voice advocating for our profession's role in the healthcare sector's response to the climate and ecological crises.

Three asks...

Check us out

Find us online and start seeing what's there.

Join our network on the iCSP

Scan the QR code now or after the session.

Get involved

If something you've heard today sparked something, please come and find me afterwards. We are actively building this network, and we need people like you in the room.



Other Resources


Environmental Physiotherapy Association:
<https://environmentalphysio.com/>

SusQI: <https://www.susqi.org/>

People's Emergency Briefing:
<https://www.nebriefing.org/screening-map>

People, Planet, Pint: <https://small99.co.uk/people-planet-pint-meetup/>

Climate Cafes: <https://www.climate.cafe/>



'It is the time for reimagining, for bold leadership and for unleashing the potential of our human and more-than-human world, towards a mutually flourishing future.'
Ladywood Civic Square (2024)



Thank you!

EPN contact info

Email: epnetwork@csp.org.uk

iCSP page:

<https://www.csp.org.uk/icsp/epn>



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